



Dear Parent/Carer's

11/07/2022

**Heron Hall Academy Sports Day,  
Friday 15<sup>th</sup> July 2022 – 8.30am – 2.30pm (approx.)**

**The school, will be holding Sports Day at the Lee Valley Athletics Centre, Meridian Way, Edmonton, N9 0AR (opposite the Odeon Complex).**

Your child/children will need to make their way to the Athletics Centre either by W8 bus route from Edmonton Green directly to the Complex by 8.30am.

**Directions:**

By car from Ponders End – either travel down Nags head Road take 3<sup>rd</sup> exit of the roundabout onto Meridian Way. The Lee Valley Complex 3<sup>rd</sup> left.

From Montague Road turn onto Pickets lock Lane, turn right at the lights onto Meridian Way, turn right into Lee Valley Complex. Athletics Centre on right hand side.

Walking - From Ponders End Tesco – Walk down Nags Head Road, turn right onto Meridian Way by the roundabout, walk towards the complex on the left hand side.

**Expectations:**

All students will need to wear Heron hall PE kit or the colour allocated to their Tutor Group (see below). Girls must not wear tight leggings, tight shorts and No crop tops. All clothing must be appropriately worn otherwise students will be returned to school.

Students will need a towel or picnic blanket for sitting on the grass.

**Packed Lunch & Fluids**

The weather forecast for the day is extreme heat, please give your child a packed lunch, cap, sunscreen and plenty fluids for the day. Students who receive Free School meals will be provided with a packed lunch on the day. There are no facilities for students to purchase lunch at the Sports Centre.

**Starting time - Registration at 8.30am**

Students will be directed to their area for the day and be seated in form groups

Students must stay in tutor groups and encourage their teammates during competition and be on their best behaviour throughout the day.



### TUTOR GROUP T-SHIRT COLOUR

<b>E</b>	<b>RED</b>
<b>Q</b>	<b>YELLOW</b>
<b>U</b>	<b>BLUE</b>
<b>A</b>	<b>GREEN</b>
<b>I</b>	<b>ORANGE</b>
<b>L</b>	<b>PURPLE or PINK</b>
<b>T</b>	<b>BLACK</b>
<b>Y</b>	<b>WHITE</b>

### Flag Cultural Parade at 9am

The start of the day will begin with an Opening Ceremony to celebrate our diverse community

#### HERON HALL COMMUNITY FLAGS CHOSEN FROM OUR DIVERSE CULTURES

FORM	7	8	9	10
<b>E</b>	Eritrea 	Sri Lanka 	Spain 	Turkey 
<b>Q</b>	Ethiopia 	Austria 	UK 	Morocco 
<b>U</b>	Guyana 	Barbados 	India 	Bangladesh 
<b>A</b>	UAE 	Ireland 	Somalia 	Jamaica 
<b>L</b>	Bulgaria 	Sierra Leon 	Mauritius 	Denmark 
<b>I</b>	France 	Democratic Republic of Congo 	USA 	Nigeria 
<b>T</b>	Trinidad & Tobago 	Egypt 	Sudan 	Chilli 
<b>Y</b>	Guinea-Bissau 	Italy 	Hungary 	Albania 

### End of day – 2.30pm (aprox)

Students will be released from the Athletics Centre approximately 2.30pm. Please either arrange to pick them up or they'll make their own way home.

Yours sincerely

Madam V Murray  
Head of PE

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## HHA SPORTS DAY PERMISSION SLIP

**Please return the slip to your child's tutor by Wednesday 13<sup>th</sup> July 2022**

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Name of student.....

Tutor group.....

- **My/our child will make their own way to Lee Valley Athletic Centre either by Bus, Walk or Car [ ] *circle***
- **I/we would like our child to return home on their own [ ] *tick***
- **I/we will be collecting our child/children from the centre at 2.30pm [ ] *tick***

Parent Name.....

Parent Signature.....

Date.....