

21st November 2023

Dear parents and carers,

I am writing to you to share with you an overview of our Relationships, Health and Sex Education (RHSE) curriculum. To help you understand the curriculum requirements we need to meet, please take a look at the enclosed summary of what all pupils are expected to know by the end of secondary school [[Appendix 1](#)].

Our PSHE curriculum is a knowledge, engaged, spiral curriculum organised around the following core themes:

1. Personal Health and Mental Wellbeing
2. Relationships and Sex Education
3. Physical Health and Social Education.

Please find enclosed an overview of our PSHE curriculum [[Appendix 2](#)]. For Year 7 to Year 10 PSHE is taught during timetabled lessons, one hour every two weeks by PSHE trained teachers. The RSE topic will be covered during term 2 of the academic school year. Currently, for Year 11 the RSE topic is being delivered as part of their Pastoral Programme by form tutors. We have recently introduced PSHE for our Year 12 students in the sixth form. We also have external companies come into school and deliver workshops for students.

We will be reviewing our RHSE curriculum, to ensure we meet the statutory requirements and so we can be sure our RHSE provision is appropriate for our students based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities (SEND).

Here's how you can help:

We're running a focus group at the **PTA coffee morning on 8th December at 9:30am**. This will be an opportunity to discuss our curriculum and resources and speak to the subject leads and teachers. We will also have a representative from Enfield Early Help Family Hub. A focus group meeting should take no more than 1 hour.

Complete the [linked in google form](#) to share your feedback and views and to ask any questions related to our RSE curriculum. Your questions will be answered at the PTA coffee morning on 8th December. If you'd like to participate, please indicate attendance on the google form.

If you're joining the focus group meeting, please take a look at the summary of what all pupils are expected to know by the end of secondary school [[Appendix 1](#)] before the meeting.

Yours sincerely,



Madam Kelly Hon
Associate Deputy Headteacher