

PARENTS' NEWSLETTER

Monthly

June Edition 2025

June 30, 2025

A FANTASTIC FINISH TO THE YEAR

What an exciting end to the term it's been. With Year 11 and Year 13 now finished with their public exams, we're incredibly proud of the determination and resilience they've shown over the past seven weeks. We hope all their hard work pays off when they receive their results in August.

Both year groups ended their time at Heron Academy with heartfelt and uplifting leavers' assemblies — a chance to reflect on their journey, share memories, and celebrate their achievements. Year 11 topped it all off with a fabulous Prom night — full of fun, laughter, and plenty of dancing! It was a true celebration of everything they've accomplished.

We're also gearing up for one of our favourite events of the year — our Annual Cultural Evening (see page 3). We're so excited to welcome families for an evening of community, music, and amazing food. Don't forget to bring along a **cultural dish** to share — it's always the highlight of the evening.

This term has been bursting with energy. From the thrill of Sports Day to the excitement of our upcoming End of Year Trips, there's been something for everyone.

We are very pleased to welcome our incoming Year 6 pupils as they join us for their transition days. It has been a pleasure to begin getting to know them, and we look forward to supporting them as they become valued members of the Heron Academy community.

From all of us at Heron Academy, have a safe and happy summer. We look forward to welcoming everyone back in September, recharged and ready for another great year.



*Keep up-to-date with
upcoming events at HHA*



Upcoming Events

- **2nd July: Transition evening**
- **3rd - 4th July: Transition days**
- **4th July: INSET DAY**
- **4th July: Cultural Evening**
- **10th July: Trip Day**
- **18th July: Last day of term**
- **21st-25th July: Summer School**
- **14th August: A Level Results Day**
- **21st August: GCSE Results Day**
- **1st and 2nd September: INSET DAYS**
- **3rd September: First day of the New School Year**

SAVE
the DATE

- Friday 4th July
- **INSET Day Cultural Evening**
- Thursday 10th July
- **End of Year Trip Day**
- Friday 18th July
- **Last day o the Term**
- 21st - 25th July
- **Summer School for new Year 7 students**

CULTURAL EVENING

SAVE THE DATE

**Heron Hall's
Cultural EVENING 2025**

FRIDAY, 4TH JULY 2025

**AN EVENING
OF
CULTURAL
DIVERSITY**

The PTA will be fundraising at the Cultural Evening to provide a pencil case with equipment for all students in year 7 to year 11

YEAR 12 BIOLOGY ECOLOGY FIELD TRIP 2025

Last week the Year 12 A level Biology students were impressive conducting their Ecological fieldwork at Epping Forest Field Study Centre. They all showed determination and resilience across the two days in the grassland area, forest, ponds and the classroom.

DAY 1

The morning started off with an introduction to the Centre and a safety briefing, followed by a quadrat workshop in the Centre grounds, which included the differences between closed, gridded, and point quadrats and how they can be used to estimate density, local frequency, and percentage cover.



Pillow Mounds

We then went to the Pillow Mounds. The session looked at the impacts of soil compaction/depth on local frequency of a named plant species.

They carried out systematic sampling in an area of open grassland looking at Sheep's Sorrel and Sand Spurry. Back at the classroom they analysed their data using Spearman's Rank to look for correlation between local frequency and the abiotic factor soil compactness due to trampling.



Rushey Plains

In the afternoon we headed into the forest.

The students conducted random sampling activity, looking at the impact of light intensity on plant height. Back at the classroom they analysed their data using the Student's t-test to look for significant differences in plant height between light exposed and shaded areas.



continued

YEAR 12 BIOLOGY ECOLOGY FIELD TRIP 2025 cont.

DAY 2

Beach Hill

We headed into a different part of the forest, where the students set up a capture, mark, release, recapture experiment using woodlice.

CAPTURE



MARK



RELEASE



RECAPTURE



Lily Pond & Frog Pond

At each pond, they students initially performed site observations. They then planned an experimental method for comparing the biodiversity of freshwater invertebrates in two ponds, and formulated a hypothesis.



In the afternoon, students carried out their investigation of the two ponds using stratified sampling to evenly survey the 3 microhabitats (open water, vegetation and detritus). They used a dichotomous key to identify and tally the invertebrates they captured.



Back in the classroom, they used the Simpson's Diversity Index to compare the biodiversity of the ponds and test students' hypotheses. We also finished the CMRR experiment and use the Lincoln Index to estimate the size of the woodlouse population.



Personal Statements and the UCAS application process

Our Year 12 students have officially begun their UCAS university application journey, and on Tuesday 17th June, they received invaluable guidance from Nick Nanikhan, Senior Education Liaison Officer at the University of Hertfordshire.



Nick delivered an engaging and informative talk, walking students through each stage of the UCAS process and offering expert advice on how to craft a standout personal statement. Using real examples and practical tips, he broke down the structure of an effective personal statement into three key components, clearly demonstrating what makes an application shine.



Students were also encouraged to research industries they are interested in and to visit a range of universities to find the right fit for their goals and aspirations.

This session was incredibly helpful and timely, providing our Sixth Formers with clarity and confidence as they take their next steps toward higher education.



We are grateful to Nick, who has visited us several times this year to support our students with thoughtful, personalised advice.

Year 11 Leavers' Assembly – A Fond Farewell



On Friday 19th June, our Year 11 students gathered for a memorable and emotional leavers' assembly, marking the end of their five-year journey at Heron Hall Academy.

The event was a heartfelt celebration of their time with us, featuring a touching slideshow of photos and videos capturing moments from as early as Year 7. Highlights included memories from reward trips, PGL, Sports Day, and other special occasions that shaped their school experience at Heron Hall.

Students came well-prepared for the traditional shirt signing, bringing in their shirts ready for messages and signatures from friends and teachers — a wonderful way to remember their time together.

We are incredibly proud of everything our Year 11s have achieved and wish them all the very best in the next exciting chapter of their lives.

Year 11 Prom – A Night of Celebration and Memories

This year's Year 11 Prom was held at the stunning Woolston Manor Golf Club and was a truly magnificent occasion. Over 150 students and more than 40 members of staff came together to celebrate the end of an unforgettable journey at Heron Hall Academy.

Many proud and emotional parents accompanied their children to the venue, capturing special moments and sharing in the excitement before the evening began.

The students had a fantastic time, with DJ Darkozy kept the energy high throughout the night, playing all the latest hits and creating an electric atmosphere that had everyone on the dance floor. The atmosphere was joyful, vibrant, and full of school spirit – a fitting way to mark the end of Year 11.

As part of the celebration, a number of fun awards – voted for by the students – were presented. We were also proud to award Jack Petchey Achievement Awards to Joseph Bile and Ecrin Kaya for their outstanding contributions and positive impact on the school community.

It was a magical evening, filled with laughter, dancing, and memories that students, staff, and families will treasure for years to come.



Year 13 Leavers and Rewards Assembly



On Tuesday 24 June, our first ever Year 13 cohort assembled in the Main Hall for their 'Leavers and Rewards Assembly'.

Students and staff enjoyed a warm, celebratory atmosphere as the Year 13 students celebrated receiving traditional subject specific recognition as well as our STRIVE, Governor, and Headteacher awards. There was also time for some joviality as Head of Year 13 Mr Angeletos presented alternative awards including "the most likely to rule the world" and "the most likely to come back as a teacher awards." Two Year 13s were awarded with a Jack Petchey Achievement Award – a reflection of their commitment to the school, their peers and upholding the school's STRIVE values.

The event included speeches from Mr Angeletos, who commented how proud he was of the year group and how far they have come while including many humorous anecdotes during their time at HHA. Headteacher Mr Barzey gave a typically rousing and inspiring speech to the Year 13, imploring them to not to settle for second best as they venture onto their next step. Head of Sixth Form, Mr Pieri, closed the assembly with a message of thanks for the Year 13, commenting on their bravery to trust the school to be the first students to complete their seven-year HHA journey.

A highlight of the assembly was a video put together by some Year 13 students celebrating their time at the school and which included positive messages of love, support and well wishes from many staff.

Staff Triumph in the Inaugural Year 13 vs Staff Football Showdown

Fresh from a heartfelt Year13 Leavers & Rewards Assembly, students and staff headed to the Astro Pitch for our very first Year13 vs Staff football match.

There was plenty of good-natured pre-match banter from the Year13 side, but experience ultimately outshone youthful enthusiasm. The staff team controlled the game from the first whistle, firing in some spectacular goals en route to an 8–2 victory. Yet the scoreboard tells only part of the story; the real victory was the laughter, teamwork and school spirit that shone through all afternoon.

Both teams played with energy and exemplary sportsmanship, cheered on by pupils and colleagues lining the touchline. A few eager Year12 “super-subs” even made cameo appearances for the students — a promising sign that next year’s rematch could be a far closer contest.

Thank you to everyone who took part or came along to support. We’re already looking forward to making this spirited fixture a new Heron tradition.





Year 6 Summer School

Helping your child feel ready for September

Starting secondary school is a big step. Our free summer school gives your child the chance to get a real head start before Year 7 begins. Across five engaging days, they will build confidence, settle in, and make new friends - all in a relaxed and welcoming environment.

What they'll experience

- Make friends with future classmates
- Take part in team activities and confidence-building games
- Try creative sessions in arts and crafts, science, and robotics
- Enjoy friendly introductions to maths and English
- Explore fun workshops including circus skills and sports
- Get to know the school, routines, and staff

Why it matters

- Pupils who attend summer school are shown to:
- Settle more quickly
 - Feel more confident
 - Attend more regularly
 - Make faster academic progress in Year 7
- Heron Hall is one of the few local schools offering this level of support - and it is completely free.



Reserve your child's place today Places are limited

T 020 8443 9631
E heron@northstartrust.org.uk
www.heronhallacademy.org.uk

Heron Hall Academy
46 Queensway, Ponders End
London EN3 4SA

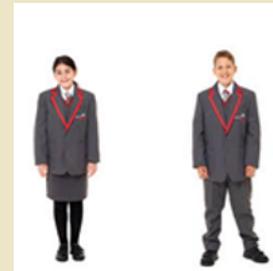
Reminders: School Uniform and Mobile Phone Policy

As we continue working together to create a positive, respectful learning environment, we'd like to remind parents and carers of two important school policies: uniform expectations and our mobile phone policy.

Uniform Expectations

Wearing the correct school uniform supports a sense of belonging and pride in our school. It also minimizes distractions and helps maintain a focused learning atmosphere. Please ensure your child comes to school each day wearing the full and correct uniform, including:

- School blazer
- School jumper (as appropriate)
- School shirt and tie
- Trousers or skirt as per uniform guidelines
- Black school shoes (no trainers –except for years 7 and 8 on the days they have PE)



If there are any issues with uniform items, please contact the school office—we are here to help.

Mobile Phones Policy

We would like to remind all parents and carers of our school's Mobile Phone Policy. Smartphones are not permitted in school and should not be brought onto the school site. In recent weeks, we have seen a rise in phones being brought into school and used both on-site and in the surrounding area, including the high street. This not only goes against school rules but also creates distractions and raises safeguarding concerns. This is also supported by the government and all secondary schools in Enfield.

To ensure a safe and focused learning environment, the following procedures are in place:

- **We do unannounced random phone searches. If a phone is found, it will be confiscated** and held at the school office until the end of the week.
- If a phone is confiscated a second time, it will be held until the end of the half term.
- Parent/carer are required to collect the phone with their child after 3:30 pm from the office.

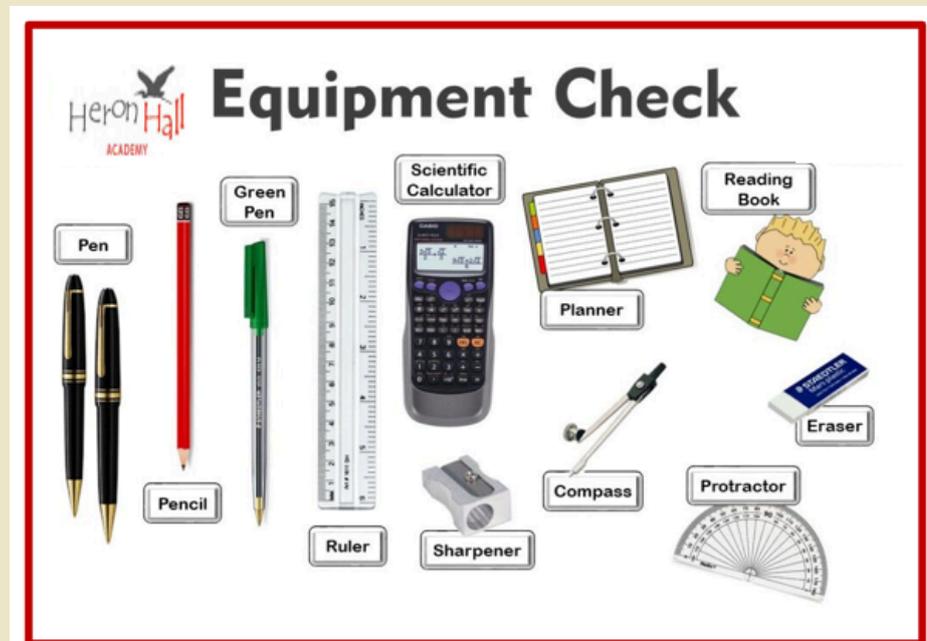
We ask for your continued support in reinforcing this policy at home. Please ensure your child understands the importance of not bringing a phone to school and the consequences of doing so.

Essential School Equipment

Over recent months, we have noticed an increasing number of students arriving at school without basic equipment, particularly pens. Being properly equipped is essential for students to fully participate in lessons and make the most of their learning.

To support your child's success, please ensure they bring a pencil case to school each day. At a minimum, all students should have:

- **A pen**
- **A pencil**
- **A ruler**
- **A calculator**
- **An eraser**



Having these items helps students stay organised, complete their work efficiently, and engage confidently in class activities.

Please check your child's school bag regularly to ensure their pencil case is fully stocked and ready for school.

Your support in this small but important matter makes a big difference in your child's learning.

Thank you for your continued cooperation.

Stay Connected with the Arbor App

The Arbor App is a convenient way to stay updated with your child's school activities. Through the app, you can receive important messages, track attendance, and update personal information, including consents.



How to Download the Arbor App

Download the Arbor App from the App Store or Google Play using the links below:

- Download for iOS (Apple iPhone/iPad).
- Download for Android (Google Play Store).

Use the email address your child's school has on file for you. If you haven't been provided with a password or have forgotten it, simply click the 'Forgotten your password?' link on the login page to receive a reset password email—no need to contact the school for a new password.

Managing Notifications

To receive important updates from the Arbor App, please ensure that notifications are enabled in your phone's settings.

If you stop receiving push notifications, follow these steps to restore them:

1. Close the Arbor App completely (ensure it's not running in the background).
2. Go to your device settings and switch OFF push notifications for the app.
3. Restart your phone.
4. Return to settings and switch ON push notifications for the app.
5. Restart your phone again.

You should now receive notifications as normal.

The Arbor App keeps you informed and connected with your child's school journey—download it today.

HOMework CLUB

Homework plays a vital role in the academic development of our students. It reinforces what they've learned in the classroom, helps build independent learning skills, and prepares them for upcoming lessons.



At Heron Hall Academy, we recognise the value of consistent practise and revision, and that's why all homework is assigned through **Satchel One**, our homework online platform.

By using **Satchel One**, both you and your child/children can easily access homework tasks, track deadlines, and stay organised. We encourage you to check in regularly to ensure your child is keeping up with their assignments.

By using **Satchel One**, both you and your child/children can easily access homework tasks, track deadlines, and stay organised. We encourage you to check in regularly to ensure your child is keeping up with their assignments.

Homework Expectation for each subject

Years 7, 8 & 9	1 piece per week
Years 10 & 11	1 piece per week 1 targeted revision
Years 12 & 13	1 piece per week 1 targeted revision 1 further reading / activity

Homework Club

We understand that completing homework can sometimes be challenging for students, which is why we are pleased to offer additional support through our Homework Club. We will be running the club three times a week in the school library from **3:30pm to 4:30pm**.

This is a great opportunity for students to receive help with their homework in a quiet, focused environment. Staff will be on hand to assist with any questions, ensuring that students stay on track and complete their assignments on time.

Monday	Wednesday	Friday
Year 7, 8, 9	Any Year Group	Year 10, 11, 12, 13

HERON HALL'S FOOD BANK

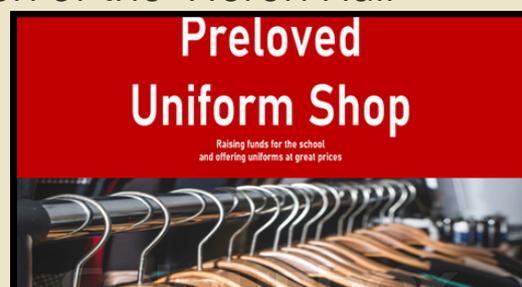
We'd like to remind families that the **Heron Hall's Food Bank** is available for those in need. With expanded storage facilities, we are now able to offer more dried food goods to help support even more families.



The food bank is centrally organised and operated from the main school office. We understand that these may be challenging times for some, and we want to assure you that help is available. If you feel you could benefit from the Heron Hall's Food Bank, please don't hesitate to contact the school's office for assistance.

HHA PTA ONLINE PRELOVED UNIFORM SHOP....COMING SOON

We are excited to announce the upcoming launch of the Heron Hall Academy Online Preloved Uniform Shop, an initiative aimed at providing a convenient and sustainable solution for uniform needs within our school community.



The launch of the Online Preloved Uniform Shop aligns with our commitment to fostering a culture of sustainability and resourcefulness at Heron Hall Academy. It also reflects our dedication to supporting families by providing practical solutions to everyday needs. In the meantime, you can purchase uniform by emailing the office at:

heron@northstartrust.org.uk.

Preloved Uniform Item	Price
Blazer	£10
Jumper	£5
Shirt	£5

HEALTH AND WELLBEING



Breathe, bond & stroll with your babies and Spurs!

Looking after a little one aged 0 to 2 years? Join Tottenham Hotspur Foundation for a refreshing weekly 'Buggy Fit' walk and connect with other local parents and carers. Enjoy fresh air, light exercise, and great company every Monday from June to September 2025. Meet at 9:50am at Craig Park Youth and Family Hub, Lawrence Road, N18 2HN for a one-hour stroll. It's completely free and all fitness levels are welcome. Stay active, boost your wellbeing and make lasting friendships in your local community. So pack a snack for the little one, and come and Shape Up with Spurs. [Book your place via email today.](#)



Thousands of people are using the NHS App in Enfield to manage their health the easy way.

YOUR LOCAL HEALTH TEAM



Why you should download the NHS app today

NHS North Central London ICS is very excited to launch the next phase of the Your Local Health Team campaign, highlighting the benefits of the NHS App for managing your health the easy way. We have worked with some amazing residents from across Barnet, Camden, **Enfield**, Haringey and Islington who have brought to life the range of services the app offers such as ordering repeat prescriptions, viewing medical records and test results and more. So get involved, [download the App today](#) and share your experiences online using the hashtags #YourLocalHealthTeam and #NHSApp

[News and events](#) | [Enfield Council](#)



AVOID BECOMING HOMELESS
Get cost of living help at www.enfield.gov.uk



THE YOUTH PAGE



Expansion of free school meals programme

From the start of the 2026 school year, every pupil whose household is on Universal Credit will have a new entitlement to free school meals. The expansion, announced by the government last week, is aimed to make life more affordable for those parents and carers who struggle the most. Even if your child is receiving free school meals automatically, it is important to register if you meet the criteria. This will ensure you receive other benefits you may be entitled to, such as support during the school holidays through the Holiday Activity and Food Programme. [Visit the GOV.UK web page for information on eligibility.](#)



Free summer activities and meals for children in Enfield

[Enfield's Holiday Activities and Food \(HAF\) Summer Programme](#) offers free, fun and healthy meals and activities for children in Reception to Year 11 who receive benefits-related free school meals. Running from 21 July to 29 August, it includes up to 16 days of half-day or full-day activities like sports, crafts, cooking and games, along with nutritious snacks and hot lunches every session. To take part your child must live in Enfield and have benefits-related free school meals. Eligible families will receive HAF vouchers by email and/or text on 26 June to book sessions. It's a great way to keep kids active, eat well and have fun this summer, without the cost.



Early Help Directory
 Welcome to 'Enfield's Early Help Directory 4 All' This directory brings together local and national services to support children, families, community members...
 ★ Early Help Directory

Enfield Summer Events



Head to the Broomfield Bowl for entertainment and family fun

The Friends of Broomfield Park (FOBP) have done it again! They have created another summer to remember with a rich mix of events in the beautiful surroundings of the 'Broomfield Bowl'. The programme of events runs all the way to September and includes live music, open air theatre, family events, a food festival and more. Coming up in the next week, we have a Teddy Bear's Picnic theatre show for younger audiences and the extremely popular Scandi Supper Club, an al fresco dining experience lit by a thousand fairy lights. [Find out more on the FOBP website.](http://www.fobp.events)



Programme of summer events launches at Devonshire Square

Following the official launch of Devonshire Square, a community space in Palmers Green delivered by the Council's Journeys and Places team, a programme of events is scheduled to take place throughout the summer. Curated by Arbeit Studios, the programme will showcase Enfield's rich creative talent and demonstrate the versatility of the new square. The six-week programme will include art workshops, live music, circus performances, a market and much more. [Download the programme](#) and prepare for a summer of fun!



Early Help Directory
Welcome to 'Enfield's Early Help Directory 4 All' This directory brings together local and national services to support children, families, community members...
★ Early Help Directory

FINANCIAL HELP



Changes to six benefits and tax credits

We know that concerns about your finances can be stressful. That's why it's important to [know what is happening with six benefits and tax credits](#). Housing Benefit, Income Support, Income-Based Job Seeker's Allowance, Income-Related Employment and Support Allowance, Working Tax Credits and Child Tax Credits will be combined into one single monthly payment. People who receive these benefits will receive a 'Migration Notice' to let them know they need to claim Universal Credit instead. Payments won't be moved automatically. Don't ignore your letter as it explains what you need to do next.



Young People Categories: Activities & Clubs

There are many different types of activities and clubs that can provide a fun outlet whilst helping...

★ Early Help Directory

Urgent mental health support - 24/7 crisis lines



Area	Boroughs covered	24/7 crisis line number
North West London	Brent, Hillingdon, Harrow, Kensington & Chelsea and Westminster	0800 0234 650
	Ealing, Hounslow and Hammersmith & Fulham	0800 328 4444
North Central London	Barnet, Camden, Enfield, Haringey and Islington	0800 151 0023
North East London	City & Hackney	0800 073 0006
	Newham	0800 073 0066
	Tower Hamlets	0800 073 0003
	Barking & Dagenham, Havering, Redbridge and Waltham Forest	0300 555 1000
South West London	Kingston, Merton, Richmond, Sutton and Wandsworth	0800 028 8000
South East London	Croydon, Lambeth, Lewisham and Southwark	0800 731 2864
	Bexley, Bromley and Greenwich	0800 330 8590

Every mental health trust in London has put in place a **24/7 crisis line** for people of all ages - children, young people and adults. The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors 365 days a year.

You can find the 24/7 crisis line numbers using the NHS Service Finder (link below) but the table provides all of the telephone numbers in London.

<https://www.nhs.uk/service-search/mental-health/find-an-urgent-mental-health-helpline>

Urgent and other support available

shout 85258

Shout offers confidential 24/7 crisis text support for times when immediate assistance is required
Text "SHOUT" to 85258 or [visit Shout Crisis Text Line](#)

SAMARITANS

Samaritans 24/7 365 days a year - they are here to listen and provide support
Call: 116 123 or email: jo@samaritans.org

Crisis Tools

Crisis Tools helps professionals support young people in crisis - short accessible video guides and text resources
Sign up for free resources [here](#)

PAPYRUS

Papyrus provide confidential support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person
Call: 0800 068 41 41 or Text: 07860 039967 (opening hours 9am to midnight - 365 days a year)

childline

Childline confidential telephone counselling service for any child with a problem
Call: 0800 1111 anytime or [online chat with a counsellor](#)

Good Thinking

Good Thinking is London's digital wellbeing service and provides a range of resources for young people to help improve mental wellbeing including free NHS-approved apps

THE MIX

The Mix provides free, confidential support for young people under 25
Call: 0808 808 4994 (11am - 11pm every day) or [Email](#)

Beat

Beat provide support to help young people who may be struggling with an eating problem or an eating disorder
Call the Youthline (under 18's) 0808 801 0711 or Studentline 0808 801 0811 (9am - 8pm during the week and 4pm - 8pm on weekends and bank holidays)

kooth

Kooth is a free, safe and anonymous online mental wellbeing community including live chat with the team, discussion boards, magazine with helpful articles and a daily journal a magazine