

# Heron Hall Academy Lunch Menu

## Week 1

Category	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Macaroni Cheese	Mild Beef Chilli Con Carne & Rice	Spiced Chicken Thigh & Skin on Roast Potatoes	Chicken Tikka Masala & Rice	Baked Fish & Chips
<b>Veggie</b>	Veggie Lentil Bolognese & Penne Pasta	5 Bean Chilli Con Carne & Rice	Vegan Wellington & Skin on Roast Potatoes	Lentil Dhal Curry & Rice	Vegan Sausage & Chips
<b>Dessert</b>	Vegan Brownie	Homemade Cookies	Apple Sponge & Custard	Fruity Flapjack	Iced Vanilla Sponge
<b>Veg</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas / Baked Beans
<b>Grab &amp; Go</b>	Pizza Bagels	Quesadilla	Cheeseburger	Pizza Bagels	Hot Dog in Roll
<b>Grab &amp; Go Pod</b>	Chicken Wings & Chicken Sausage Hot Dogs	Choice of Paninis	Chicken Wrap	Choice of Paninis	Chicken Nuggets



*All menu items are subject to availability*

*All meat supplied is Halal certified*

# Heron Hall Academy – Lunch Menu

## Week 2

Category	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Beefy Pasta Bolognese	Sticky Korean Style Chicken Noodles	Roasted Jerk Chicken & Mini Skin on Roasties	Chicken Korai & Yellow Rice	Baked Battered Fish & Chips
<b>Veggie</b>	Smokey Vegan Pasta Bolognese	Korean Style Vegan Noodles	Vegan Sausages & Mini Skin on Roasties	Curried Aloo Gobi & Yellow Rice	Margherita Pizza with Chips
<b>Dessert</b>	Fruity Cookies	Treacle Sponge & Custard	Brookie	Fruit Topped Cheesecake	Chef's Special
<b>Veg</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas / Baked Beans
<b>Grab &amp; Go</b>	Pizza Bagels	Filled Naan Bread	Loaded Mac & Cheese	Burrito Bar	Jamaican Lamb Patty
<b>Grab &amp; Go Pod</b>	Chicken Wings & Chicken Sausage Hot Dogs	Choice of Paninis	Chicken Wrap	Choice of Paninis	Chicken Nuggets

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# Heron Hall Academy – Lunch Menu

## Week 3

Category	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Pasta with Homemade Arrabbiata Sauce	Oven Baked Italian Style Lasagne	Chicken Sausage with Mashed Potato	Chicken Curry with Rice & Naan Bread	Baked Battered Fish & Chips
<b>Veggie</b>	Cheesy Garlic & Leek Mac 'n' Cheese	Bean Stew with Steamed Mini Potatoes	Vegan Sausage & Mashed Potato	Chickpea & Vegetable Curry, Rice & Naan Bread	Spring Roll with Chips
<b>Dessert</b>	Homemade Cookies	Mixed Berry Cake	Cinnamon Apple Cake & Custard	Fruity Oaty Flapjack	Iced Topped Vanilla Sponge
<b>Veg</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Peas / Baked Beans
<b>Grab &amp; Go</b>	Pizza Bagels	Falafel & Hummus Wrap	Garlic & Chilli Noodles	Onion Bhaji	Pizza Bagels
<b>Grab &amp; Go Pod</b>	Chicken Wings & Chicken Sausage Hot Dogs	Choice of Paninis	Chicken Wrap	Choice of Paninis	Chicken Nuggets

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